

**M.Sc PSYCHOLOGY (COUNSELLING) PROGRAM STRUCTURE 2025-27**

I Semester

Course Code	Course	CMRU Category	CMRU Subcategory	UGC Category	School/ Dept.	Contact Hours/ Week	Credit Distribution L-T-P-C
<b>Program Core</b>							
7PSYO512	Basics of Counseling	Foundation	FC	CC	SLS	3	3-0-0-3
7PSYO5011	Theories of Counseling	Foundation	FC	CC	SLS	4	4-0-0-4
7PSYO513	Lifespan Development	Foundation	FC	CC	SLS	3	3-0-0-3
7PSYC5031	Biological Foundations of Behavior	Foundation	FC	CC	SLS	3	3-0-0-3
7PSYO505	Research Methodology	Foundation	FC	CC	SLS	4	4-0-0-4
7PSYO514	Basic Counseling Skills (Practicals)	Foundation	SEC	SEC	SLS	4	0-0-2-2
	Personal Therapy					1	0-0-1-1
<b>Common Core</b>							
GCSCD1011	Community Service - I (COS- I)*	CS	-	-	DCCC	2	0-0-1-1*
<b>TOTAL</b>						<b>24</b>	<b>20+1*</b>
<b>Common Core (Non Credit) - Graduate Requirement:</b>							
GPSBD1111	Communicative Skills in Digital Era	PS	-	AECC	DCCC	2	GR
GPSBD1171	Career Readiness Program - I					2	GR

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**\*The Community Service-I (COS-I) of 30 hours has to be carried out in the I Semester. The corresponding 1 credit and the CIE will be reflected in the IV Semester.**

II Semester

Course Code	Course	CMRU Category	CMRU Subcategory	UGC Category	School/ Dept.	Contact Hours/ Week	Credit Distribution L-T-P-C
<b>Program Core</b>							
7PSYO515	Positive Psychology	Foundation	FC	CC	SLS	3	3-0-0-3
7PSYO516	Psychological Disorders-1	Foundation	FC	CC	SLS	3	3-0-0-3
7PSYO6131	Counselling in Health Setting	Foundation	FC	CC	SLS	3	3-0-0-3
7PSYO517	Eastern Perspective to Counselling	Foundation	FC	CC	SLS	2	2-0-0-2
7PSYO519	Social Psychology	Foundation	FC	CC	SLS	3	3-0-0-3
7PSYO6051	Specialisation 1: Educational Counselling	Elective	DSE	DSE	SLS	3	3-0-0-3
7PSYO6101	Specialisation 2: Mental Health and Counselling at Workplace						
7PSYO519	Psychological Assessments (Practicals)	Foundation	SEC	CC	SLS	2	0-0-1-1
	Supervised Practicum						0-0-1-1
	Psychometric Tool Development (Practicals)					4	0-0-2-2
	IDE-1	Foundation	FC	IDE	All Schools	3	3-0-0-3

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Common Core							
GCSCD1021	Community Service - II (COS- II)*	CS	-	-	DCCC	2	0-0-1-1*
<b>TOTAL</b>						<b>32</b>	<b>24+ 1*</b>
Common Core (Non Credit) - Graduate Requirement:							
GPSBT1041	Design Thinking	PS	-	AECC	DCCC	(30)	GR
GPSLA1061	Career Readiness Program - II					2	GR

**\*The Community Service-II (COS-II) of 30 hours has to be carried out in the II Semester. The corresponding 1 credit and the CIE will be reflected in the IV Semester.**

**Internship-I and Internship-II (26 days each) are to be completed between II & III semester. The corresponding credits will be reflected in Semester-III and Semester-IV respectively.**

**III Semester**

Course Code	Course	CMRU Category	CMRU Subcategory	UGC Category	School/ Dept.	Contact Hours/ Week	Credit Distribution L-T-P-C
Program Core							
7PSYO601	Psychological Disorders- II	Foundation	FC	CC	SLS	3	3-0-0-3
7PSYO6181	Family and Marital Counselling	Foundation	FC	CC	SLS	3	3-0-0-3
7PSYO602	Psychotherapy	Foundation	FC	CC	SLS	4	4-0-0-4
7PSYO6211	Specialisation 3: Rehabilitation Counselling						
7PSYO6061	Specialisation 4: Child and Adolescent counselling	Elective	DSE	DSE	SLS	3	3-0-0-3
7PSYH503	Behavioral Statistics	Foundation	FC	CC	SLS	3	3-0-0-3
7PSYO603	Counseling Techniques (Practicals)	Foundation	SEC	CC	SLS	2	0-0-1-1
	IDE-2	Foundation	FC	IDE	All Schools	3	3-0-0-3

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7INTS7010	Internship - I	Foundation	Sec	CC	SLS	6	0-0-3-3
	MOOC					3	3-0-0-3
<b>TOTAL</b>						<b>29</b>	<b>26</b>

## IV Semester

Course Code	Course	CMRU Category	CMRU Subcategory	UGC Category	School/ Dept.	Contact Hours/ Week	Credit Distribution L-T-P-C
<b>Program Core</b>							
7PSYOXXX	Multicultural counselling	Foundation	FC	CC	SLS	3	3-0-0-3
7PSYO6221	Specialisation 5: Sexual dysfunction and sex therapy	Foundation	DSE	CC	SLS	3	3-0-0-3
7PSYO6231							
7PSYO6151	Group Counselling	Foundation	FC	CC	SLS	3	3-0-0-3
7INTS7020	Internship -II	Foundation	SEC	CC	SLS	6	0-0-3-3
7DISS7010	Dissertation	Foundation	SEC	CC	SLS	10	0-0-5-5
GCSCD1011	Community Service - I (COS-I)*	CS	-	-	DCCC	-	0-0-1-1*
GCSCD1021	Community Service - II(COS-II)*	CS	-	-	DCCC	-	0-0-1-1*
	Research Publication	Foundation	SEC	CC	SLS	1	1-0-0-1
<b>TOTAL</b>						<b>26</b>	<b>20</b>

\* The credit of Community Service - I (COS-I) / Community Service - II (COS-II) of 30 hours each that was carried out in the I and II Semesters respectively is reflected in the IV Semester